



PAYSON JR. HIGH

Home of the Grizzlies
1025 South Highway 198
Payson, Utah 84651

(801) 465-6015 Fax: (801) 465-6023

We are United in our Growl GRRR
Grateful, Responsible, Respectful and Resilient

March 5-11, 2024

Principal:
Kevin Mecham

Assistant Principal:
Tammy Halcrow

Dean of Students:
Jen Gasser

Counselors:
Brandi Adams
Graycee Elliott
April Mangum
Katie Miller
Kassidy Rindlisbacher

"The greater the obstacle, the more glory in overcoming it."

Counseling:

COLLEGE & CAREER WEEK IS COMING...

MARCH 25TH TO 29TH

Get ready, Payson Junior High students! College and Career Week is fast approaching from March 25th to 29th. Our counselors have curated an exciting lineup of activities throughout the week, so mark your calendars and don't miss out!

This week can also be a fantastic opportunity to start conversations with your students about their aspirations and interests for the future, helping to spark ideas and set goals for Higher Education and future certification.

Additionally, for any 9th-grade students interested in learning more about the ALC or possibly coming on a tour of the ALC, please get in touch with your school counselor.



College



Career



Activities & More!



Reminder: The end of Term 3 is this week! Please encourage your students to turn in any missed assignments.

Dates:

March 8: Term 3 Ends

March 11: Term 4 Begins

March 12: School Community Council

March 12: District Intermediate Choir

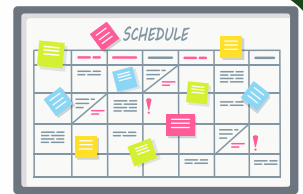
March 14: District Advanced Choir Assessment

March 15: Student Talent Show Assembly

March 20: ACT Day for Juniors

March 20: School Development Day - Out at 11:15 AM

April 1-5: Spring Break No School



Want Math Help?

Come to Room 603 to get help from Mrs. Wood during Lunch on Wednesdays or before school with Mrs. Wagner in Room 306

$$ax^2 + bx + c = 0$$

Please be aware that End-of-Year testing will start the Week of April 15, 2024. When the time gets closer, we will send out a testing schedule. If you have any questions, please contact the front office.



Grizzlies United

Policy Review: Language

At PJHS we want all of our students and faculty to have an environment conducive to learning. One thing that will often detract from learning is the type of language used. Foul language (cuss words or swear words) is not welcome at school.



Additionally, a student must NOT threaten, intimidate others, tell jokes or stories that degrade others, call names, make noises at, use slurs, or make derogatory comments based on their race, color, religion, sex, national origin, disability, etc. We don't use the words "gay" or the R-word to mean "stupid." We never use the N-word. We don't use words that make others feel less than human--EVER. Please be aware of the type of language you are using while at school and at school related activities.

This policy also extends to buses.

Come learn about the Technology Student Association (TSA) competitions available to compete in. Every Wednesday from 2:40-4:00 in Mr. Young's Classroom (Room 708). Come find out what it is all about. All 8th and 9th graders are welcome.



Please be aware that the Student Talent Show has been changed to March 15! We want to wish all of the participants good luck!



Like to Write? UCTE Writing Contest: See Mrs. Roundy in 501 for Prompts. Submissions Due by March 8 3pm. Short Story, Argument, Personal Narrative or Poetry!!!!



We have a new featured artist at PJHS. KATIE STRINGHAM excels at digital art, character designs, and sculpture. Her art will be in the display case at the front of the school for the next few weeks. Go check it out! Congratulations Katie!

Need to work off Detention hours?

After School Detention Schedule:

Monday: Advocates (603)

Tuesday: Wood (213)

Wednesday: Thornton (705)

Thursday: Evans (114)

Friday: Young (708)



You can also go to the Advocates during lunch, go get math help, or set up a time to work with individual teachers to make up missing work or failing grades (just ask them to notify the office so you can get Detention Credit). Right now is the PERFECT time to get hours made up plus get your grades up for the end of Term 3!



The office is open from 7:00 AM to 3:30 PM to help with any questions or concerns!

Mecham Bucks!



LA TIENDITA will be open Thursday during both lunches. Come grab yourself a treat with your Mecham Bucks!



Wear your Payson Shirts, pants, hoodies, hats, etc. every Friday to show your support. We will be watching and may award Mecham Bucks to those who do. Let's go Grizzlies!

Grizzlies United

This Week in Advisory...

Welcome to March! This month's Sources of Strength focus is Families.

There are many different types and dynamics of families, however, there is one common thread, they are integral to our lives and success! Not everyone has an ideal family situation, but we do have each other here at school. So, even though we are all different.....It is SO important that we treat each other with kindness and respect. We do not know what things people may be struggling with.

Healthy relationships are a key part to our overall wellbeing and have things in common.

Some signs of healthy relationships are:

- Built on Trust
- Respect Differences
- Wants What's Best for the Other Person
- No Mind Games
- Supportive
- Not Afraid of Healthy Disagreements
- Encourages Individuality
- Accepts Boundaries
- Not Controlling
- Doesn't Try to Change the Other Person



If you feel that you are not in a healthy relationship, please seek help.



There's only one week left of the term! Please be aware that most teachers will have deadlines for turning in missing work around the first of this week. Please check Infinite Campus to check grades. Many teachers are offering extra help so please don't hesitate to ask. We are here to help and support all students!

Credit Recovery for Terms 3 and 4 and all Summer classes are \$25.00 and payable to the front office.

Get ready for the end of year activity! Students who qualify are invited to come to Lagoon on May 16! What are the requirements? No more than 2 hours of detention. No school suspensions for the year. No failing grade as of term 4 when payment is due (first part of May). It'll be \$95.



Parent Night

Come to our final parent night of the year!

ABC's of Substance Use and Vaping

March 21, 2024 from 6:00-7:00 PM

Via Zoom

Please see the flier at the bottom of the newsletter for more information and to register.



All students with a Samsung chromebook please come to the library before school, after school, or during lunch to swap out your chromebook. You must have the chromebook charger to exchange it!



Want PJHS Swag?

Visit our online store to purchase your gear today!

Payson Jr High
Store

Grizzlies United



Attention: **Nebo Parents**

join our next Mental Health Series...

ABCs of Substance Use & Vaping

Ask Questions

Basic Signs

Communicate

Course Created by:

Shannon Clauson, LMFT

Do you know the signs to watch for if your pre-teen or teen is vaping or becoming addicted to substance use?

Learn to ask the right questions, spot the basic signs, and learn to communicate with your child.

This session covers the following:

- Signs to watch for:
 - Health issues
 - Behavioral signs
 - Addiction signs
- How to talk to your child about vaping



March 21, 2024

6:00–7:00 PM
via Zoom

Register Here

<http://cookcenter.info/Mar21Nebo>

Nebo
SCHOOL DISTRICT